The programs at the Y would not be possible without the support of our Donors...

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- Anne M. Buck
- Patricia A. Bullard
- Toni Cason
- Fernando J. Conrado
- Suresh Y. Cummings
- Donald & Connie Davison
- Sayuri Desai
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- Robert J. Mackin, Jr.
- Peter & Doreen Mason
- Roy & Diane Neidhammer
- Janet E. Paul
- Judy & Dick Robin
- John & Lee Taylor
- Westwood Cotillion Group

- * We would like to pay special tribute to the memory of Ira Herskowitz, Mary Johnson, and Al Hibbs who will always be remembered for their kindness and generosity to the Y.

Organizations That Help
Make a Difference

The Caltech Y would like to thank the following campus groups/offices for their contributions to Y programs:

- Alumni Association
- Associated Students of Caltech (ASCIT)
- Avery House
- Caltech Auxiliary & Business Services
- Caltech Career Development Center
- Caltech Counseling Center
- Caltech Government & Community Affairs
- Caltech Graduate Student Council (GSC)
- Caltech Graphic Arts
- Caltech International Students Programs Office
- Caltech Master of Student Houses
- Caltech Multicultural Student Education Office
- Caltech Office of Public Events
- President's Office
- Student Faculty Programs Office
- Student Affairs Office
- Student Faculty Programs Office
- Women's Center
- Women's Center
- Martin Luther King, Jr. commemoration events, and Black History Month were partially funded by The James Irvine Foundation.

Alternative Spring Break, 110 gallons of paint for the Alternative Spring Break Program.

The Caltech Y would like to thank the following campus groups/offices for their contributions to Y programs:

- Martin Luther King, Jr. commemoration events, and Black History Month were partially funded by The James Irvine Foundation.

The purpose of Caltech Y is to provide resources and opportunities for the enrichment of student life; to enable students to learn about themselves and their place in the world community through increased social, ethical, and cultural awareness; and to address unmet student needs. The purpose of the Caltech Y is to provide resources and opportunities for the enrichment of student life; to enable students to learn about themselves and their place in the world community through increased social, ethical, and cultural awareness; and to address unmet student needs. The purpose of the Caltech Y is to provide resources and opportunities for the enrichment of student life; to enable students to learn about themselves and their place in the world community through increased social, ethical, and cultural awareness; and to address unmet student needs.
Select Y Programs: 2002-2003 In Review

SEPTEMBER
- Y-Hike to the Sierras
- Orientation Trips (Kayaking, Rebuilding Together)
- Compression

OCTOBER
- Honors Code Panel & Discussion
- Outdoor Women’s Adventure Series
- Sea Kayaking
- Alumni Lunch- Mike Nelson

NOVEMBER
- Election Night Reception
- Women Confronting Globalization: Tea Discussion
- Trail Running
- Social Activism Speaker Series
- Scott Ritter
- Boys & Girls Club Visit
- Union Station Dinner in the Park
- Community Service
- Joshua Tree National Park Camping Trip

DECEMBER
- Caltech World AIDS Day
- Decompression

JANUARY
- Social Activism Speaker Series
- Huda Aref & Adam Shapiro
- Martin Luther King, Jr. Commemoration Week
- Outdoor Women’s Adventure Series
- Horseback Riding

FEBRUARY
- Day Hike
- Black History Month Jazz Night
- Black History Month Luncheon
- Terrance Roberts

MARCH
- International Women’s Day Dialogue
- Decompression
- Alternative Spring Break Trips (Mexico, San Francisco, Navajo Nation)

APRIL
- Social Activism Speaker Series
- Theodore Postol
- Make a Difference Day Community Service
- Social Activism Speaker Series
- Tahmesen Farsh (RAWA)
- Health & Workplace Fair
- International Week
- Earth Day Concert
- Community Service
- Union Station Dinner in the Park
- Pre-Frosh Weekend Movie

MAY
- Semana Latina
- Sea Kayaking
- Asian-Pacific Islander Heritage Week
- Huntington Tea
- Outdoor Women’s Adventure Series
- Surfing

JUNE
- Decompression
- Senior Reception
- Outdoor trip
- Yosemite & Nelder Grove

PERPETUAL PROGRAMS
- Fridays in Fall Noon Concert Series
- Sundays & Thursdays Tutoring (Jr. High & High School)
- 1st Saturday of the Month
- Chancellor’s Place Community Service
- 1st Saturday of the Month
- Reading to Kids Community Service
- 3rd Saturday of the Month
- Union Station Shelter Community Service
- 4th Saturday of the Month
- Rebuilding Together Community Service
- Every Other Summer Week Summer BBQ

Why is the Y Caltech’s best kept secret?

It’s not because the Caltech Y never does anything. It’s loaded with activities. During 2002-03, there were major student events every week. It might be a hiking trip, a special lecture, a community service project, Alternative Spring Break activities, counseling stressed students, helping with Frosh Camp, conducting a science demonstration for a local children’s group. . . The list goes on.

It’s not because the things the Y does are unworthy of praise. Almost everything the Caltech Y does is to help students or to benefit others in need of assistance. Make-A-Difference Day is loaded with service activities—a solid day of student volunteers helping those in the nearby community. It might be painting a fence, planting trees, teaching children how to build and race a model car, etc.

It’s not because the Y students lack respect. The Institute certainly recognizes the value of the Caltech Y and is very supportive of it—both financially and with cooperative assistance. The students and faculty that understand the Caltech Y mission and purpose openly applaud it. In fact, the Caltech Y family includes a growing number of Friends, alumni, and community supporters.

In the 87 years that we have been in business, news of the Caltech Y has spread, and a growing number of people have “discovered” Caltech’s best-kept secret. I think herein lies the answer to my question. Until those who are not directly involved with the Y fully understand what a super organization the Y is and the tremendous amount of good it does with all its combined efforts, they will have no reason to fully appreciate its social impact.

Serving on the Y Board of Directors and/or the students ExComm are excellent ways to “discover” the Y. Still, others get involved with the Y by becoming Friends or supporting our mission in many other ways. Hopefully, this annual report will help you connect and discover the Y in your own way, and I’m sure in the end, you’ll agree with me that the Caltech Y is all of the above and much more!

John Fee,
Chairman of the Board of Directors 2002-2003
What a great year!

Last January, the ExComm held a retreat in Lake Arrowhead. It was an opportunity to get refreshed and make long-term plans. The first evening, we posed the question, “What do you get out of being involved with the ExComm and the Y?”

Here are some of their responses:

- Self-discovery and coming to understand other people
- Having fun
- Being aware and having an input on campus activities
- Leadership opportunities
- Fringe benefits/life-skills (e.g. free food, y-clothing/apparel, cooking)
- Non-profit work experience (e.g. fundraising/development skills, publicity, budget knowledge)
- Socially welcoming
- Meaningful experiences meeting with other people
- Human warmth
- Forums for thoughtful discussion
- Frivolous piles of fun cheese
- Catalyst for broadening experiences and thinking big and outside of tradition
- Working with the Caltech Y Board
- Non-profit work experience (e.g. fundraising/development skills, publicity, budget knowledge)
- Meaningful experiences meeting with other people
- Human warmth
- Forums for thoughtful discussion
- Frivolous piles of fun cheese
- Catalyst for broadening experiences and thinking big and outside of tradition
- Working with the Caltech Y Board
- Socially welcoming
- Meaningful experiences meeting with other people
- Human warmth
- Forums for thoughtful discussion
- Frivolous piles of fun cheese
- Catalyst for broadening experiences and thinking big and outside of tradition
- Working with the Caltech Y Board

These responses came on the heels of a successful first term. Even before the retreat happened in January, the ExComm had already coordinated the Y Hike, Compression, a Community Service Fair, and many other events. In fact, during the 2002-2003 academic year, the Caltech Y coordinated and/or co-sponsored close to 90 programs with more than 5,000 students participating. These numbers include over 4,000 hours of community service.

It has been an excellent year by all standards. However, in reflecting on this past year, it is not the numbers on which we focus. Rather, we measure our success by the opportunities that we have created and the impact on the people involved. Each program, regardless of the number of people who participate, is an opportunity for leadership as many of these programs are created, led, and implemented by students. They are also opportunities for making connections as the people involved build and strengthen relationships with others on campus and in the community at large.

In addition, programs are educational opportunities as participants learn about themselves, the world around them, and issues that touch us all. Last but not least, Y programs are opportunities for fun as we seek to balance the academic intensity of Caltech with opportunities for relaxation, recreation, and laughter.

So, when I think of Y programs and what we have accomplished this year, I go back to the responses of our students (except maybe the frivolous piles of fun cheese) to measure our success. Only after doing this can we say to ourselves that it has indeed been an excellent year. In this annual report, we present you with an opportunity to see for yourself the work that we have done this past year and a glimpse of the students who have helped create the programs and who make it all worthwhile.

Athena R. Castro
Executive Director

CALTECH Y PROGRAMS
THE YEAR IN REVIEW

Interested in what’s new at the Y?
Stop by the Caltech Y office or log onto our website: www.caltechy.org!

We are located on the first floor of the north wing of the Center for Student Services Building at 414 S. Holliston.
The Y does so much! I'm constantly reminded of that each year. At any given time, ExComm members are planning events ranging from outdoor to community service to cultural to social topics. One incredible strength in all programs is that they bring students together, challenge us to try something new, and broaden our perspectives.

The new Alternative Spring Break trip to San Francisco this year was an amazing example of that. Our group volunteered with people living with AIDS and homelessness; many of us, for the first time, met and talked with someone with AIDS, or had to think about the issues of needle exchange and the lives of the homeless. Where else but the Y would Caltech students get the chance to deal with these real issues? Where else would we experience the world outside of science?

It's not just community service events. New programs like the Women's Outdoor Adventure Series challenge students to try new things like kayaking or surfing. Cultural events help us learn more about our place in the world. It's these personal changes where the Y succeeds in fulfilling its mission statement each year. The Y has definitely made a world of difference in my life. The best part of ExComm is being able to help make that difference in the lives of other students. Caltech may shape us as scientists, but the Caltech Y really shapes us as people.

Katie Homann, Y ExComm President

CONGRATULATIONS!

...to the following Y ExComm members who have completed their academic requirements and will be leaving the Y. Thank you for all of your hard work, your commitment, and your dedication to the Y.

We will miss you all!

Susan Ayer
BS, Mechanical Engineering

Abel Bourbois
BS, Applied Computational Math

Jennifer Caron
BS, Science, Ethics, and Society

Jeffrey Edlund
BS, Physics

Gustavo Joseph
PhD, Mechanical Engineering

Ted Jou
BS, Applied Computational Math & Business Economics, Management

Joy Qiu
BS, Engineering

Kaisa Taipale
BS, Mathematics

Nathan Wozny
BS, Physics

Niki Zacharias
PhD, Chemistry

Other ways you can help

Gifts in Kind
Because we rent video, sound, and camping equipment at low cost, we always welcome donations of these items. Sleeping bags, tents and other camping gear are especially needed. If you are interested in donating any kind of equipment, please let us know.

United Way Pledges
When you make your United Way designation, consider naming the Caltech Y as the beneficiary of your gift. It’s a simple, convenient way to help your company achieve 100 percent participation in the United Way and support the Y at the same time.

Gifts to the Y Endowment are always greatly appreciated. These donations generate operating funds and help the endowment continue to grow.

Other ways to support the Y include providing services, expertise, and volunteer time either as a volunteer or as a member of the Y’s Board of Directors.

Friends of the Caltech Y

The Caltech Y’s core support comes from the generous donations of its Friends. A minimum gift of $250 per couple ($125 per individual) qualifies you as a Friend of the Caltech Y. You will be invited to special Friends dinners, held three times a year, to visit with students and hear guest speakers. You will also have the opportunity to participate in a wide variety of other campus events and programs. Best of all, you will know that you have helped enrich the lives of Caltech students.

This past year, the Friends enjoyed a presentation by Professor Bill Deverell on the Huntington Library/Caltech connection in November; a presentation of outstanding student musicians arranged by Delores Bing in January; and Sheldon Epps, Artistic Director of the Pasadena Playhouse in April. On April 12th, a group of Friends and students took a fascinating field trip and tour of the art and facilities at LA’s Union Station and MTA building led by Los Angeles Conservancy docents. In addition, we had the first ever Northern California Friends dinner which featured Richard Landon, R&D Coordinator and key mechanical designer for Stan Winston Studios.

The 2003-2004 Friends dinner series promises to be as exciting as the previous year so please mark your calendars for the following events:

November 18, 2003
Michael Prather, Past President of the Owens Valley Committee
"Owens Valley: Reversing Water History or Empty Promise?"

April 15, 2004
Richard Kenkalek, President of the Art Center College of Design
Expansions of the Art Center campus & the growing cooperation with Caltech

Friends Whalewatching Trip

October 2003
Meet the New Board Members

Steven Frautschi is a long-time Physics professor at Caltech. He served as the MOSH (Master of Student Houses) from 1997 through 2002. He has also served as the Chair of Performing Arts Committee.

Dave Gillies is a retired Personnel Executive of the Braun Engineering Company. He has been an active volunteer at the Southwestern Museum and at his church.

Gunilla Hastrup is a past member of the Caltech Y Board and has retired from the Environmental Engineering Library on campus where she worked as a Library Assistant. She is married to Rolf.

Rolf Hastrup is a Caltech graduate in mechanical engineering (Class of ’53) and was a member of Blacker House. He is an employee of JPL and is a member of the Guerneville Club. He is returning for his third term on the Caltech Y Board.

Alan Kamei is a graduate of Caltech’s Chemical Engineering Dept. (Class of ’81). He is currently working with Broadcom as an Enterprise Applications Manager.

Shelly Kamei is self-employed as an Operations Consultant. She is married to Alan Kamei.

Harry Kawahara has been a professor and student counselor at Pasadena City College for 25 years. He has also served on the board of many community agencies including the Pasadena Planned Parenthood and Five Acres.

Robb Keopp is an Analyst for the Milken Institute. He is also a professor and student counselor at Pasadena City College and will be getting married in December 2004. His goal for the year is, “to explore teaching as a career and to make a difference in some of (his) students’ lives.”

Lucy Guernsey Service Award

This year’s recipient of the Lucy Guernsey Service Award is Joy Qiu. She was born in Dalian, China and came to the United States in the summer of 1996 where she attended Rins of the World High School in Lake Arrowhead, California.

Joy started her work with the community in her junior year of high school where she was involved with the Interact Club and continued her service to the community at the Caltech Y. She has participated in tutoring, Boys and Girls Clubs, and many other community service projects. As a member of the ExCom during her junior year at Caltech, she most fondly remembers participating in Decompressions and making chili and T-shirts. She says, “The Y taught me how to reach out to the community, how to work together as a team, how to prepare for a 2000 person event, and how to have fun while serving other people.”

Another lesson Joy feels that she has learned through her experiences at Caltech is the value of friends. She feels that these are her friends for life and that they have taught her to balance academics and her social life and especially to enjoy life to the fullest.

Currently, Joy has her hands full! She is teaching at Rialto High School, attending Claremont Graduate School for her MA in education, and will be getting married in December 2004. Her goal for the year is, “to explore teaching as a career and to make a difference in some of (her) students’ lives.”
Reviewing the programmatic efforts of an organization that is as dynamic and active as the Caltech Y is a daunting task. Take a quick glance over our 2002-2003 calendar in this publication, which includes just some of the programs, and you’ll see what we mean. One way to tackle it is to take a look at those whose efforts are producing the programs. Of course, selecting from the long list of student leaders who are making a difference at the Y is not so simple. In the following profiles, you will be introduced to some of the newer faces around the Y with a focus on just one or two areas in which they are actively programming.

Patricia A. Neil
Computational & Neural Systems
Graduate Student from Colorado
Outdoor Adventures

Even as this annual report is being written, Pat Neil, our Y-Hike Student Coordinator, is busy preparing for this year’s backpacking trip to the Sierra. Although Pat is a new member of the ExComm, she has quickly become one of our regular contributors. Pat was introduced to the Y through a backpacking trip led by Jeffrey Edlund (’03) and became actively involved as a leader last year on the very Y-Hike she is now coordinating. One of her memorable leader moments is dragging some of her hiking team away from the bear that they found themselves a few yards from, despite their desire to stop for photos.

Pat joined the Y-Outdoors Committee this past year and worked on everything from linking to biking to camping at several national parks. This year, she will even get to use her Navy experience to help organize and lead a sailing trip that as part of the Women’s Outdoor Adventure Series in collaboration with the Women’s Center. Introduced this year, the series was designed to provide an opportunity for women on campus to participate in an outdoor adventure when they might not do so in a mixed group. Last year, there was maximum attendance for each of the trips that included horseback riding, sea kayaking, and surfing. Pat is quick to point out that “outdoor activities are not only a great way to deal with stress, a huge concern at Caltech, but also permit interaction with other Caltech folks outside one’s own field and foster an appreciation of the environment.” The Y-Outdoors Committee has become one of our most active committees at the Y, and we expect big things from this year’s group... including our adventurer, Pat Neil.

Lisa Wang
Applied Physics/Economics
Senior from Hawaii Educational Programs & Cultural Events

Over 500 people packed Avery Courtyard during International Week this past year to enjoy the International Food Fest and to experience the cultural talents of Caltech students at the International Culture Show co-ordinated by Lisa Wang (2nd year ExComm member) and Teama Bild (2003 Students Award Recipient). Over 15 countries were represented by students, like Lisa, who took time out of their busy schedules to share their culture with the community. Lisa, who is originally from China and moved to Hawaii when she was nine years old, was also a performing member of the Caltech C Dance Troope. She is quick to point out her educational and cultural opportunity that Caltech brings by attracting people interested in science from around the world. “It would be a shame not to utilize this common ground as a launch pad for discussion, respect, and understanding of cultural and sociopolitical differences that so often, when ignored, divide this world,” says Wang.

Lisa is also one of the newer members of the Social Activism Speaker Series (SASS) Committee. She helped introduce several speakers this past year and has been actively working on invitations for several distinguished leaders for this year’s series. Lisa’s diverse interests and knowledge have contributed to an impressive list of potential Lisa, who was asked why these programs are important, she responds that Caltech has an “obligation to help future scientists better understand our role in society and the implications of our work.” The series has a lot to live up to after last year’s opening speaker, Scott Ritter, attracted over 1,000 people, overflowing both Rama Auditorium and Baxter Lecture Hall. This year’s wide range of current and relevant topics, in the hands of dedicated student leaders like Lisa, could do just that.

Nathan Wozny
2001-2002 ExComm President
Excerpt from speech given at November ’02 Friends Dinner
I have seen many students get involved in the Y and have a more complete Caltech experience because of it. But the Y doesn’t just provide programs to the Caltech community; it also lets students create them. The students who choose to get involved in planning programs reap the benefits of the Y on an even deeper level.

Through the Y, I have found a group of students who care about making Caltech a better place and are willing to give their time and energy to do so. Through the Y, I have gotten to work with extremely dedicated staff members, who are willing to talk at almost any time about almost anything, whether it is general programming, a general idea about a campus issue, or even a personal concern.

Through the Y, I have had the opportunity to work with the board members who have a genuine desire to be involved in helping students make a difference. I also have the support of the many people who give their vote of confidence to the Y’s mission, the students who carry it out, and the staff and board who support them. In short, I have all of the resources necessary not only to be a part of creating programs, but also to challenge myself and to grow into the person I would like to become.

I am in my last few weeks as a student at Caltech. I must admit that I am quite excited to be leaving Caltech, but I will miss this Y. I would love to use the Y to build a community of caring individuals and to find my place at Caltech. It has been a defining part of my undergraduate experience. Fortunately, when I leave Caltech, my experiences will not leave me. What I have learned will follow me wherever I go, shaping the way I see the world and the way I live my life.